

## Circle of Strength Saturday, January 16, 2021

### Prayer Session 1

- Call each other in between Bible Studies
  - This is important for building the core. Th Bible Study is more about coming together to learn and grow but our strength will come from the relationships between each other.
- Psalms 138.8a – KJV – The Lord will perfect that which concerneth me
  - I thought there was a verse that said he cares for that that concerns me but I could not find it said that way. Possible that I was combining two scriptures
- 2 Pet 3:9 - The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance.
  - Annette thought this might be the one. It isn't but it is good!!
- For Next Bible Study Feb, 20, 2021
  - Write down what you want your prayer life to look like
  - 5 minutes every day talk to God about whatever, anything, any time of day, any place, in any posture, eyes closed or open (discussion about 41 minutes in video)
- Something we'll talk about later, but Annette brought up the postures of prayer
  - On knees
  - Sitting
  - Standing
  - Lifting Hands
  - On your face
  - Lying in bed (Psalm 63.6 – When I remember You on my bed, I meditate on You in the night watches (discussion about 44 minutes in video)
- Find scriptures that talk about the positions or postures of prayer
- Write a short prayer (Not "Jesus wept." Maybe at least three sentences. Write it like you're going to read it to a child if you want. Doesn't have to be flowery or perfect or special. Just write it like you're talking to a friend.

### Remember:

- You are talking to your friend. So just talk to Him. You don't have to put on airs. Just be yourself.
- All He cares about is that you talk to Him, that you spend time with Him

### Future Topics:

- What prayer is
- when we can pray
- how we can pray
- postures of prayer
- examples of prayer in the Bible

### Other Scriptures:

- Submitting to Governing Authorities - Romans 13:1-7 [Related Prov 8-15, 1 Tim 2.1-2, Titus 3.1, 1 Pet 2.13]
- The king's heart is in God's hand [Prov 21.1]
- Nathan rebukes David [2 Samuel 12]
- John 8.1-11